



YOUR NEW MONEY MINDSET

Study Questions

CHAPTER 1 OUR MONEY PROBLEM

1. In your own words, what is a “money relationship”?
2. Draw a picture of your relationship with money. What are your biggest money struggles?
3. Is consumerism good—or bad? How do you see consumerism impacting your thoughts, feelings, and actions?
4. How do faith and finances go together—or not—in your everyday habits and long-term goals?

CHAPTER 2 A NEW MONEY MINDSET

1. What is a “healthy money relationship”?
2. What is a “surplus” mindset? What is your current money mindset?
3. What unhealthy money habits have you attempted to break in the past? In what ways did you succeed or fall short of your goals?
4. Why is it necessary to “start with the heart” in dealing with money issues?
5. When have you chosen to “give first” and experienced a healthier relationship with money? When have you done the opposite?
6. How does grace fuel generosity?

CHAPTER 3 READY

1. What circumstances in your own life make it a struggle to “give first”?
2. What does it mean to “add more good stuff”? Why do that? What concrete steps can you take to accomplish that?
3. What did you learn about yourself through the Money Mindset Assessment?

YOUR NEW MONEY MINDSET

4. Are there areas where you already have a healthy money mindset? What are your growth points?

CHAPTER 4 LONGING FOR SECURITY

1. What steps are you taking to ensure your own financial security?
2. Agree or disagree: The size of our savings doesn't necessarily bring the security we long for.
3. How do your money habits reflect a healthy and normal drive for security?
4. What evidence do you see in your life of a scarcity mentality?

CHAPTER 5 LIVING IN FREEDOM

1. Agree or disagree: The promises of God decrease my fears about money.
2. Do you believe that God will meet your needs—or do you believe that you must fend for yourself in this world? Explain.
3. What was the most unwise life decision you ever made? How was God part of that decision—or not? How did including or excluding God impact the outcome?
4. How are you investing in a “rich relationship with God”? What benefits do you hope to gain?

CHAPTER 6 LONGING FOR INDEPENDENCE

1. Are you more prone to seek independence—or interdependence? How do you strike a balance?
2. What financial responsibilities must you assume to be a fully functioning adult? Where must you rely on others?
3. How have you seen affluence diminish connections between people?
4. When have you seen generosity build community?

CHAPTER 7 LIVING IN COMMUNITY

1. God designed us for community. What difference does that fact make in your everyday life?
2. Who are you allowing into your life to help you develop a new money mindset?

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3. Agree or disagree: “The best way to gather is to scatter.”
4. What concrete steps will you take to give away time, money, and energy in order to increase your connections with others?

CHAPTER 8 LONGING FOR MORE

1. What signs of a “longing for more” do you see in your life?
2. Agree or disagree: Having more—acquiring all the things and experiences money can buy—doesn’t make us any happier.
3. How do you distinguish between a want and a need?
4. When has wanting more gotten you in over your head financially or strained your relationships? How were you successful in addressing that—or not?

CHAPTER 9 LIVING IN CONTENTMENT

1. When have you lacked something you considered necessary for your happiness?
2. To what extent are you “stuffocating”—suffocating under too much stuff?
3. Why is contentment a worthy goal—or not?
4. How can you move from insatiable cravings to genuine contentment?

CHAPTER 10 LONGING FOR SUCCESS

1. Whom do you know who chases excess? What results do you observe?
2. How do you define success? How prominent is money in your definition?
3. How has your family of origin shaped your definition of success? Do you find yourself conforming to that mold—or trying to live by a different definition?
4. Agree or disagree: Real happiness comes from practicing a surplus mindset—believing that we already have enough for ourselves and enough to share.

CHAPTER 11 LIVING IN OUR CALLING

1. What does it mean that you are “blessed to be a blessing”?

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2. What do you consider your unique “calling” from God?
3. How would living your unique calling change your long-term goals and daily choices?
4. What practices do you employ to regularly make sure your lifestyle lines up with your gifts and values?

CHAPTER 12 CHANGE THE WORLD

1. How has your money mindset changed since you began this book?
2. Is the idea of changing the world idealistic—or realistic? Explain.
3. What changes are you most passionate about helping bring about in the world?
4. Answer the three questions posed at the end of the book: Why are you running? Where are you going? Who will run with you?